



## SUN PROTECTIVE POLICY

The health of club members is of primary concern for the Ashbourne Cricket Club. Australia has the highest rate of skin cancer in the world, with two out of three people experiencing some form of skin cancer during their lifetime. It is acknowledged that skin cancer is a preventable disease and that a preventative strategy including the following actions will be implemented by Ashbourne Cricket Club.

**Schedules** Where possible, outdoor events and training times will be scheduled outside the hours of 11am and 3pm (daylight savings time)

**Shade** The club will maximise the use of natural shade provided from buildings, trees and other structures. Players (not batting or fielding), spectators and scorers will be encouraged to watch games under the shade of trees or built structures.

**Clothing** The club will promote sun protective clothing as part of the uniform.

**Sunscreens** SPF 15+ or higher sunscreens will be promoted and available from the club. Prior to training or playing in peak UV periods, players and participants will be encouraged to apply sunscreen to exposed body parts.

**Education** The club will provide skin cancer educational sessions to increase the awareness of this health issue amongst club members. Newsletter and public announcements during the season will be used to maintain awareness of the issue and to prompt behaviour. Club officials/staff will act as suitable Sun Smart role models.

The sun protective policy will be reviewed and updated as required to ensure that the document remains current and practical to the club's requirements.

### **Policy Review**

This policy will be reviewed periodically to ensure it remains relevant to club operations and reflects both community expectations and legal requirements.